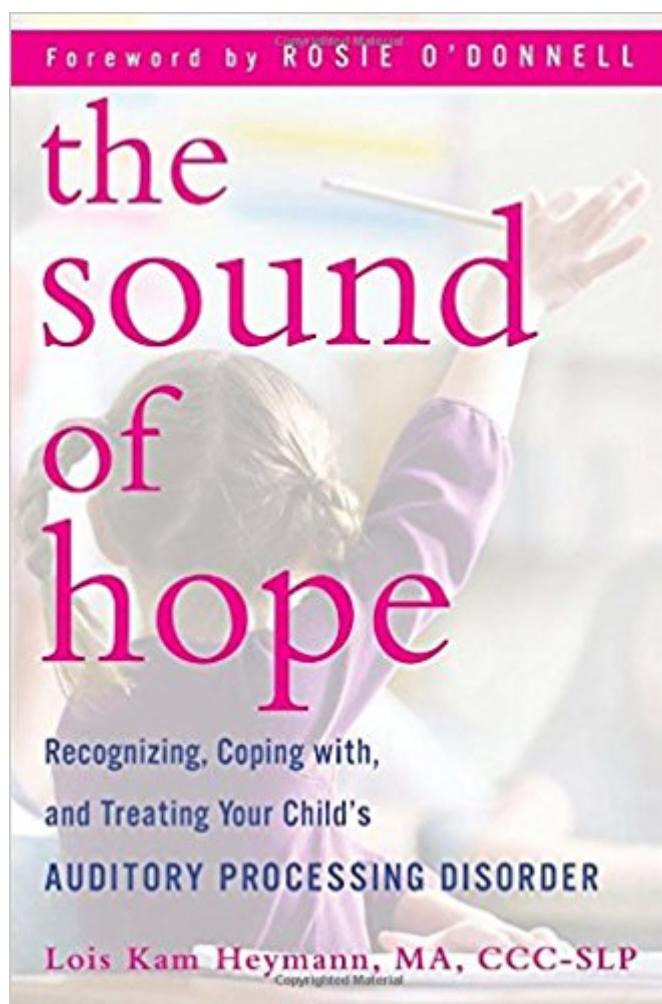


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# The Sound Of Hope: Recognizing, Coping With, And Treating Your Child's Auditory Processing Disorder



## Synopsis

There is more to listening than just hearing. A miraculous process that begins in the womb, learning to communicate is a vital part of expressing oneself and of understanding and interacting with the world. A child's ability to listen well affects every aspect of his or her life. But for some 1.5 million children in the United States who have normal hearing and intelligence, communication and language are blocked. Words are jumbled and distorted. These children have a hard time following directions and become frustrated in trying to make themselves understood, which often leads to unruly behavior, poor school performance, social isolation, and low self-esteem. Auditory Processing Disorder (APD) affects the brain's ability to accurately process the sounds of speech, which in turn impedes the ability to communicate. Experts are just beginning to unlock the mystery of this confounding condition. As a result, APD is often undiagnosed or misdiagnosed. But hope is here. Now veteran speech-language pathologist Lois Kam Heymann offers the first practical guide to help parents dramatically improve the listening and language skills of their children, whether they have a diagnosed auditory processing disorder, slow language development—or simply need practice listening. Inside this reassuring, action-oriented book you'll find easy-to-identify milestones to help parents pinpoint challenges that may arise during each stage of their child's development from birth to age eight—the tools and checklists needed to assist parents in recognizing APD early—tips to distinguish APD from other listening/learning disorders, including ADD, ADHD, LPD, and PDD—methods to encourage a child's natural listening abilities through books, stories, nursery rhymes, songs, lullabies, toys, and games—the home techniques to hone a child's auditory processing—whether he or she has severe APD limitations or just needs to build listening "muscles"—specific suggestions on how to improve a child's listening skills outside the home—at school, during after-school activities, even when at a restaurant—an analysis of traditional classroom settings and effective ways parents can advocate for better sound quality—guidelines for finding the right professionals to work with your child. With hands-on ways for improving a child's ability to listen to instructions, process information, and follow directions, parents can turn simple activities into powerful listening lessons in only minutes a day. The bottom line: Learning how to listen in our noisy, complicated world is the key to a happy and engaged child.

## Book Information

Hardcover: 256 pages

Publisher: Ballantine Books; 1 edition (April 27, 2010)

Language: English

ISBN-10: 0345512189

ISBN-13: 978-0345512185

Product Dimensions: 5.8 x 0.9 x 8.5 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 25 customer reviews

Best Sellers Rank: #498,761 in Books (See Top 100 in Books) #62 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Hearing Problems #542 in Books > Parenting & Relationships > Special Needs > Disabilities #6015 in Books > Parenting & Relationships > Parenting

## Customer Reviews

"As a parent, nothing is more painful than to get a diagnosis that something is wrong with your child. No matter what the issue — auditory processing disorder, hearing impairment, or simple listening challenges — Lois Heymann's advice is both a great comfort and a practical roadmap to help children reach their potential. As a parent who personally benefitted from Lois's therapy sessions, I highly recommend this book for all families traveling down this road."

—Lee Woodruff, author, *Perfectly Imperfect* "With good listening comes understanding. When a child doesn't seem to be able to listen well, it's critical that parents get involved and nurture his or her listening skills. The Sound of Hope will provide you with great ideas and simple strategies to help them build up that listening muscle." —Jo Frost, *SuperNanny*, and author of *Ask SuperNanny: What Every Parent Wants to Know* "Although this wonderfully practical, sensible, and accessible book targets parents raising children with auditory processing disorders, I encourage every parent to read it. Who doesn't need tips on how to help children listen? Heymann's suggestions are so practical and her thoughtful explanation of how each child is unique is brilliant. I underlined feverishly as I read this book, eager to pass along the advice to the many parents I know who want to help their children develop confidence and competence and become people who look forward to learning, socializing, and exploring." —Dale Atkins, Ph.D., author of *Sanity Savers*

Lois Kam Heymann, MA, CCC-SLP, is a recognized leader in the treatment of children with listening, learning, and auditory challenges. As a private speech and language pathologist, she has

more than thirty years of experience working with families and also serves as a consultant to hospitals and schools, including the Children's Hearing Institute and more than a dozen school districts in and around New York City. A noted educator, Heymann teaches auditory therapy at the State University of New York at New Paltz and has presented hundreds of seminars and workshops nationally for doctors, speech and language pathologists, teachers, and parents. She lives in Rosendale, New York.

This is the most wonderful book. It helps me talk meaningfully about the challenges my child faces. I am so grateful for this book. Reading through the information I see my son and feel like now I can do something to help him face his challenges and overcome them... Because I understand CAPD and what his day is like. I can also relate consequences of certain environments to his teachers, coaches, and friends. Thank you for giving me hope. You have no idea how much this book has meant to me and my son. My son won't be 7 for 11 more months... So, there is no formal diagnosis. But, this is the first book I've read that fits. The strategies and information in this book will help him now. The methods are good... For every child. But, for my son knowing how to impact him in a positive way is so critical. This book will help me be my son's Champion... Not his Defender. He can build confidence in his listening skills and ability to communicate. The difference in him has been affirming. He knows that I believe him and I'm starting to understand. I have hope... But, most importantly so does he!!!

This is a good first book if your child has already been diagnosed with APD. All her ideas for helping with APD deal with children ages 6 and under (rhymes, songs, etc). She also points out that APD can't be diagnosed before age 7. Rosie O'Donnell's description of the problem is the best part of the book. The author totally ignores the major treatments for APD--the computer based programs Earobics [...] for \$70 and Fast4Word (\$1000). Her ideas might work if the child is diagnosed early (but it can't be diagnosed before age 7 according to the author). Nursery rhymes will not help an older child. This is a simple to read book that describes how a child learns to use language. It does NOT give information about how to treat or how to accommodate someone with APD.

Since I read this book my son's life change forever and mine too. Lois explains the disorder but goes beyond on multiples examples and very helpful techniques. I have read many books about APD but this one is the best . It open the door to a bright future for my child . I highly recommended.

This book gives a good understanding of what Auditory Processing Disorder is and how it affects a child's learning and interaction with the world around him or her. The examples and ideas for helping these children learn how to listen and understand things, even with APD, provides parents with real hope that these children can and will learn the skill of listening and learning. The book has excellent information and teaching ideas to help all children learn the art of communication.

A great way to learn about a hard to diagnose disorder!

I got this book for my daughter in law who is in nurse practitioner school and my granddaughter was showing slight symptoms of an auditory problem. She found this very helpful for understanding the problem and said she will be able to use this as a reference for classes she is taking. All in all a very informative book.

This book has made everything my son has done make sense. I'm so thankful this book was written. Now I feel as if I have answers and ideas on how to help my son succeed in life. Everyone that works with children should read this book.

Excellent! Would recommend it to any parents or teachers of children with auditory processing difficulties.

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